

## **Total Wellness**







### MIND

Healthy minds need stimulation and socialization. We achieve this through interactive games, activities, and educational experiences. And, our staff provides residents with caring companionship.







### **BODY**

We work on preserving and building strength through appropriate exercise and great-tasting nutrition customized to residents' needs so our seniors can live each day to their fullest.







### SPIRIT

We offer continuing opportunities for new experiences through thoughtfully planned activities, holiday parties, pet therapy, and religious services for those so inclined. We also offer senior yoga classes and guided meditation.

### What We Do

We create the best possible experience for our seniors by employing caring, attentive, and compassionate team members who treat our residents as a family that we care for in their home.



Our 26-bed community is clean, homey, and comfortable, incorporating state-of-the-art safety equipment and industry-leading staffing ratios.

Bellerose offers opportunities to build meaningful friendships without feeling "lost" in the crowd. Private and semi-private accommodations are offered at flat-rate pricing that includes assistance with all Activities of Daily Living (ADLs).

We offer complete continuity of care options for nearly all levels of need, including hospice and dementia care. Bellerose offers end-to-end support for seniors and families--from answering questions, assisting during transitions, monitoring and safety, and proactive communication. You'll see that's the difference at Bellerose is CARING.

# CALL OR SCHEDULE A TOUR TODAY

1 (888) 324-6520

### BELLEROSE SENIOR LIVING

100 Bellerose Drive, San Jose, CA 95128

License# 435202571

### Website

www.BelleroseSeniorLiving.com



# **Highlights**

- Administrator with over 20 years of experience
- Caring & highly-skilled, professional staff
- Private & semi-private rooms
- Daily on-site activities and planned excursions
- Nutritious meals & snacks prepared fresh, in-house daily by our resident chef. Diet accommodations available.
- · Wanderguard system for added resident safety
- Medication and care management
- Gated community with security
- Rates include help with all Activities of Daily Living
- Pet therapy
- On-site beauty & barber services
- On-site massage therapy
- Laundry & housekeeping
- Included WiFi

# **Expert Care**



Bellerose Senior Living is located in the Historic Rose Garden neighborhood of San Jose with convenient access to Valley Fair Mall, Santana Row, top-rated medical facilities and the very best San Jose has to offer. Our "Golden Years" are meant to be enjoyed. Find out all that Bellerose has to offer to help Seniors thrive.



# **TESTIMONIALS**



"The staff at Bellerose are some of the most caring, gentle, kind, patient and attentive caregivers I have ever been around (and I work for a care-giving agency, so I know)."

B.M.

"A true gem in the field of assisted living."

A.B

"Bellerose and the staff exceeded all of our expectations." L.H

"Bellerose has been a godsend." S.D.

# **ACCOMMODATIONS**

\$8,450 to \$10,950 per month All Inclusive with Whole Life Care plan at a flat-rate price\*

### **PRIVATE ROOM & PRIVATE BATH**

This room features its own private bathroom, ample space, and plenty of sunlight when retiring from the companionship and group activities Bellerose offers. Depending on the location, this room has either a window or sliding glass door leading to our gated walkway. Room sizes vary and start at 12' x 11'.

### \$10,450 to \$10,950 per Month



### STANDARD SEMI-PRIVATE & SHARED BATH

Though slightly smaller than their larger counterpart, these rooms offer ample natural light and enough space to comfortably relax when not participating in group activities, meals, and other Bellerose experiences. These rooms offer sliding glass doors with access to our gated walkway and an optional partition for additional privacy if requested. Room sizes vary and start at 16' x 11'.

\$8,450 to \$8,950 per Month

